



Edison College Canada
SINCE 1973
LEARN TODAY, LEAD TOMORROW

Therapeutic Recreation Activity

Assistant Diploma

23 Weeks Program





Program Duration:
48 Weeks / 960 Hours



Delivery Methods:
Combined In-Class & online



Campus Location:
Victoria, British Columbia

Program Description

This Therapeutic Recreation Activity Assistant Diploma focuses on the knowledge and skills required to plan, implement, and evaluate individuals or groups in therapeutic recreation and social activities. Program participants will learn to plan and implement supervised activities for older adults with cognitive and physical impairments and gain hands-on experience with supervised practicum experience. In this program, students will learn how to enhance their clients' quality of life through leisure activities. The program will prepare students to work with a variety of client groups in different care settings such as hospitals, group homes, assisted living facilities, etc.

Workplace Settings

- Long-Term Care Facilities
- Adult Day Care Centres
- Hospitals
- Group Homes
- Assisted Living Facilities
- Rehabilitation Clinics

Estimated Salary

Therapeutic Recreation
Activity Assistant
\$59,195

AVERAGE ESTIMATED
EXPERIENCED WAGE PER YEAR

*This estimate is based on available employment data at the time. Actual salary will be based on numerous factors.
Source: workbc.ca



Admission Requirements

- **High School Graduate or equivalent OR Mature student status (19 years or older prior to starting the program)**
- **Meet one of the following English Language Proficiency requirements:**
 - Minimum Grade 10 English (Domestic Students)
 - Overall IELTS 5.0, CLB Level 5, Duolingo score of 75-80, OR ECC test score of 55/100





Courses

Interpersonal Communication

This course focuses on self-awareness, increased understanding of others, and effective interpersonal communication skills. Students will develop the use of communication techniques that demonstrate personal awareness, respect, and active listening skills.

Person-Centered Care

In this course, students will learn how to apply evidence-based leisure and recreation interventions to improve the well being of patients. Students will acquire the skills to understand the needs and then enhance the quality of the client's life.

Introduction to Practice

According to established policies and procedures, and under the general direction of the wellness coordinator, the therapeutic recreation assistant carries out resident-centered activation programs such as creative arts, fitness, music, baking, dining in, gardening, outings, social events, cognitive programs, one-to-one visits, group games, reminisce, and discussion groups as included in our calendar.

Practical Approach to Dementia

The goal of this module is to give the student a working knowledge of the different effects that occur when persons are afflicted with dementia.

Lifestyle and Leisure Education

In this course, students will learn about the basics of lifestyle and leisure education, such as how to improve the ability of individuals to engage in healthy activities.

Certifications

Students will go through trainings such as FoodSafe Level 1, Standard First Aid with CPR Level C, and Provincial Violence Prevention Certificate.

Career and Employment Strategies

This course provides information on how to use the communication skills learned in order to make a successful presentation to a prospective employer. Self-assessment during this course allows students to identify their personal skills.

Work Experience (Unpaid Practicum)

This program is hybrid, and it has a 6-week practicum in Victoria, British Columbia.



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